

THE ROAD RACE TOKYO TAMA 2025

2025 7/13 Sun.

Men's Road Race

7:30

START Musashinonomori Park

FINISH JR Ome Sta.

Women's Road Race

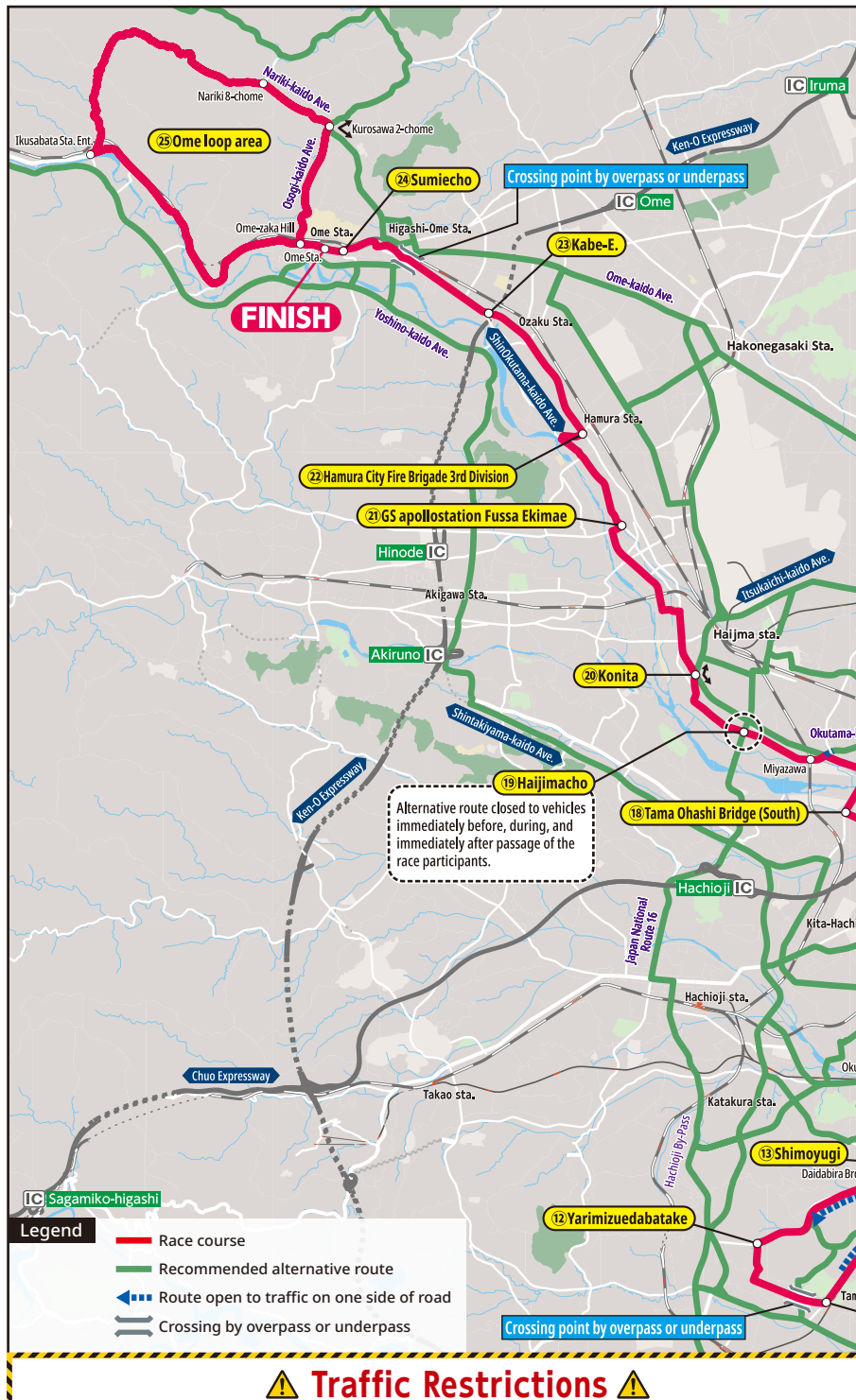
7:25

START JR Ome Sta.

FINISH JR Ome Sta.

During the specified times, vehicles may not be driven on roads that are part of the race course, and pedestrians, cyclists, e-scooters, etc. may not cross these roads. Crossing points have been established that allow vehicles, pedestrians, etc. to cross these roads. However, the use of these crossing points will also be restricted immediately before, during, and immediately after the passage of race participants. Congestion is expected in the vicinity of the course. You are kindly requested to avoid traveling on nearby roads by car or bicycle.

We apologize for any inconvenience and appreciate your kind understanding and cooperation.



Legend

- Race course
- Recommended alternative route
- Route opened to traffic on one side of road
- Crossing by overpass or underpass

Section of course under traffic restrictions (with popular names)

Section of course under traffic restrictions (with popular names)	Restricted time period
① (Musashinonomori Park Northeast Exit) ~ Osawa-Ground-dori Ave. ~ Hitomi-kaido Ave. ~ ② Int'l Christian Univ. Gate	6:30 - 8:05
② Int'l Christian Univ. Gate ~ Tohachi-doro ~ ③ Sakaecho Koban	6:40 - 8:15
③ Sakaecho Koban ~ Kokubunji-kaido Ave. ~ ④ Okunitama-jinja shrine	6:45 - 8:20
④ Okunitama-jinja shrine ~ Former Koshu-kaido Ave. ~ Fuchu-kaido Ave. ~ ⑤ Shin-omaru	6:45 - 8:25
⑤ Shin-omaru ~ Shiroyama-dori Ave. ~ ⑥ Inagigochu Ent.	6:55 - 8:30
⑥ Inagigochu Ent. ~ Minamitamaone-kansendoro ~ ⑦ Tama higashi Park	6:55 - 8:35
⑦ Tama higashi Park ~ Minamitamaone-kansendoro ~ ⑧ Tama Minamino	7:00 - 8:40
⑧ Tama Minamino ~ Minamitamaone-kansendoro ~ ⑨ Green Walk Tama	7:10 - 8:45
⑨ Green Walk Tama ~ Tokyo Prefectural Route 155 (Machida-Hirayama-Hachioji) ~ ⑩ Okurigawa Bridge (South)	7:10 - 8:45
⑩ Okurigawa Bridge (South) ~ Tama New Town-dori ~ ⑪ Tamasakai sta.	7:20 - 8:55
⑪ Tamasakai sta. ~ Tamasakai-dori ~ Kubogayato-dori Ave. ~ Yugi Route 719 ~ ⑫ Yurimizu-dabatake	7:20 - 8:55
⑫ Yurimizu-dabatake ~ Yugi-kaido ~ ⑬ Shimoyugi	7:20 - 9:05
⑬ Shimoyugi ~ Yaen-kaido ~ ⑭ Chuo University	7:30 - 9:10
⑭ Chuo University ~ Kansen-shido (major municipal trunk road) 11-16 ~ Tokyo Prefectural Route 503 ~ Hirayama-dori Ave. ~ ⑮ Higashihirayama 2	7:35 - 9:10
⑮ Higashihirayama 2 ~ Tokyo Prefectural Route 159 (Toyoda-Takahata) ~ Shinkawasaki-kaido Ave. ~ ⑯ Hino Tax Office-W.	7:40 - 9:20
⑯ Hino Tax Office-W. ~ Shinkawasaki-kaido Ave. ~ Tokyo Prefectural Route 169 (Fuchigami-Hino) ~ ⑰ Sports Park	7:40 - 9:20
⑰ Sports Park ~ Tokyo Prefectural Route 169 (Fuchigami-Hino) ~ ⑱ Tama Ohashi Bridge (South)	7:45 - 9:25
⑱ Tama Ohashi Bridge (South) ~ Tamaohashi-dori Ave. ~ ShinOkutama-kaido Ave. ~ Okutama-kaido Ave. ~ ⑲ Haijmacho	7:45 - 9:30
⑲ Haijmacho ~ Okutama-kaido Ave. ~ ⑳ Konita	7:50 - 9:35
⑳ Konita ~ ShinOkutama-kaido Ave. ~ Kiyomizuzaka-dori Ave. ~ Denen-dori Ave. ~ Tokyo Prefectural Route 29 ~ ㉑ GS apollostation Fussa Ekimae	7:55 - 9:40
㉑ GS apollostation Fussa Ekimae ~ Okutama-kaido Ave. ~ Hamura-kaido Ave. ~ ㉒ Hamura City Fire Brigade 3rd Division	7:55 - 9:45
㉒ Hamura City Fire Brigade 3rd Division ~ ShinOkutama-kaido Ave. ~ ㉓ Kabe-E.	8:05 - 9:50
㉓ Kabe-E. ~ Okutama-kaido Ave. ~ Former Ome-kaido Ave. ~ ㉔ Sumiecho	8:10 - 9:55
㉔ Sumiecho ~ Former Ome-kaido Ave. ~ Ome-kaido Ave. ~ Tokyo/Saitama Prefectural Route 193 (Shimohata-Ikusabata) ~ Nariki-kaido Ave. ~ Osogi-kaido Ave. ~ ㉕ Ome loop area	6:30 - 13:00

Traffic Restrictions

- Restricted time periods are estimates and may vary depending on traffic and event conditions. Your understanding is greatly appreciated.
- Vehicles (including bicycles, e-scooters, etc.) will be prohibited on the race course and some nearby roads for a significant length of time. Please follow the directions provided by on-site police officers and race officials regarding detours. Crossing the race course will also be restricted.
- Entry into areas under traffic restrictions will be prohibited for everyone other than local residents and users of local facilities. Your understanding is greatly appreciated.
- Please avoid areas under traffic restrictions if you are traveling by vehicle. Please use the recommended alternative routes and other major roads not affected by the traffic restrictions. Crossing points have been established to allow vehicles to cross roads that are part of the race course. However, use of these crossing points will be restricted immediately before, during, and immediately after passage of the race participants.
- Public transportation (such as local buses) may be suspended, routes shortened, or rescheduled depending on the area.
- Flying a drone near the course or race venues, etc. without permission is prohibited under the Civil Aeronautics Act.

Note: For more information, please refer to the relevant city (region) version of this flyer.

For more information <https://the-roadrace-tokyo.jp>

THE ROAD RACE TOKYO 2025

Search

Contact us at

race@trrtokyo.jp

THE ROAD RACE TOKYO executive office

03-5050-0287

[Open period] 3/3 (Mon.) ~ 7/30 (Wed.)

[Open hours] Normal hours ▶ 10:00~17:00 (closed on Sat., Sun. and holidays)

7/12 ▶ 10:00 ~ 22:00 7/13 ▶ 5:00 ~ 18:00

Organizer : GRAND CYCLE TOKYO executive committee

QR code

GRAND CYCLE TOKYO